










	Monday a.m.	Tuesday a.m.	Wednesday a.m.	Thursday a.m.	Friday a.m.
	Crown Lane	Crown Lane	Crown Lane	Crown Lane	Crown Lane
CROWN LANE	<p>Weaning sessions 10am-12pm Monday 16th Jan 13th Feb, 13th March</p>		<p>Brunch Club 10.00am -11.30am Starts 11th January</p>	<p>Milk Spot 10.00am – 12.00pm Starts 5th January</p>	<p>Stay and Play 9.00am – 11.00am</p> <p>First Aid 10.00am – 12.00pm 10th Feb, 17th March 12th May Booking required</p>
	The Lodge	The Lodge	The Lodge	The Lodge	The Lodge
THE LODGE		<p>How to Eat Well Course 10.00am – 11.30am Booking required 24th Jan, 31st Jan, 7th Feb.</p>	<p>Forest School for Child Minders 10.00am - 11.30am 1st Feb, 1st March</p> <p>Paths to work and crèche 18th Jan, 1st Feb, 22nd Feb</p>	<p>Citizens Advice Bureau 10.00am – 12.00pm 26th Jan, 23rd Feb, 23rd Mar</p> <p>Little Diggers gardening group 10.00am – 11.30am Starts 19th Jan</p>	<p>Forest School Stay and Play 9.30.am – 11.00am Starts 20th Jan</p>
	Streatham Hub	Streatham Hub	Streatham Hub	Streatham Hub	Streatham Hub
STREATHAM HUB	<p>Music 10.00am – 11.30am Booking required Starts 9th January</p>	<p>Jelly Babies arts and crafts 10.00am – 11.30am 10th Jan, 16th Jan, 21st Feb, 28th Feb, 7th Mar, 14th Mar, 21st Mar, 28th Mar</p>	<p>Job Club with Hubert 10.00am -12pm Booking required</p> <p>Weaning sessions 10am – 12pm 18th Jan, 15th Feb, 15th March</p>	<p>Citizens Advice Bureau 10.00am – 1.00pm Booking required</p> <p>Brunch Club 10.00am -11.30am</p>	<p>Boogie Tots 10.00am - 11.00am</p>
	Monday p.m.	Tuesday p.m.	Wednesday p.m.	Thursday p.m.	Friday p.m.
	Crown Lane	Crown Lane	Crown Lane	Crown Lane	Crown Lane
CROWN LANE			<p>Play and Learn 1.30-3.00pm Starts 11th January</p> <p>Zumbini Awaiting dates</p>	<p>Use of computers 2.00pm – 3.00pm</p>	<p>Tea and Toast 2.00pm – 3.00pm</p>
	The Lodge	The Lodge	The Lodge	The Lodge	The Lodge
THE LODGE		<p>Introduction to Beauty course and crèche 1.00pm – 3.00pm Booking required</p>			<p>Basic Maths/English course and crèche 1.00pm – 3.00pm Booking required</p>
	Streatham Hub	Streatham Hub	Streatham Hub	Streatham Hub	Streatham Hub
STREATHAM HUB			<p>Discover your Potential course and crèche 1.00pm – 3.00pm Booking required Starts 11th Jan</p> <p>Paths for work and crèche 18th Jan, 1st Feb, 22nd Feb</p>	<p>ESOL 50+ group and crèche 1.00pm – 3.00pm</p>	<p>Yoga/ Family fitness 2.00pm – 3.00pm Start date to be confirmed</p>



Music Time on Monday: Booking is required. £1.00 contribution

10:00am - 10.30am: children 0 – 14mths, **10:30am - 11am:** children 15mths - 2yrs, **11am – 11:30am:** children 2 - 4yrs

Childminders' Drop In: Group for local Lambeth registered Childminders.

Play and Learn: Play, singing and craft activities for children aged 0 – 5yrs

Brunch Club: Drop in sessions for families with children aged 0 – 5 years. Have a healthy late breakfast, join in craft activities and singing. (50p contribution).

Healthy Eating Session: The Community Food Worker will attend Brunch Club sessions

Citizen Advice Appointments: Legal, financial and housing independent and confidential 1:1 advice. Booking required.

Boogie Tots: Fitness fun to support your child's physical development. For families with children aged 2- 5 years. Limited to 15 spaces

Zumbini: Exercise class for adults and children based on Zumba moves. Limited spaces.

Job Club: Hubert Humphrey offers 1:1 advice to help you get back to work, apply for jobs and create CV's.

How to Eat Well Course: 3 week cooking course to try new recipes and take home a healthy snack

Discover Your Potential: Improve your self-esteem and confidence and make new friends. Crèche available

First Aid (monthly) A free workshop covering emergency resuscitation, common injuries and illnesses, facilitated by The London Ambulance Service. Limited spaces.

Milk Spot: Facilitated by local midwives to promote and support breastfeeding for you and your baby

Weaning session; Introduction to starting your baby on solid foods

Speech and Language Therapist: Speech and Language Therapist, will be attending the Brunch Club sessions on

Introduction to Beauty: Nail care and Beauty techniques. Crèche provided

Paths To Work: Support in looking for a job, help building skills confidence and experience, and help with training and education. Crèche provided.

ESOL 50+: Language activities for people aged 50 or over caring for grandchildren.

Basic Maths/English course: Create a magazine and gain accreditation in maths and English. Crèche available

Use of computers: Email and internet usage for families who don't have access to the internet at home

Tea and Toast: Group for families living in Fern Lodge, Lakeview Estate and Holderness

Jelly Babies: Arts and craft focussed session to help language, communication and fine motor skills

Forest School Stay and Play: Nature walks and outdoor activities

Little Diggers Gardening Group: Growing plants and vegetables together and activities in the garden

Stay and Play: Play, singing and craft activities for children aged 0 – 5yrs